

Clare	
Sun 20:30	NA Meeting, Rineanna View, Shannon, Co. Clare
Mon 20:30	NA Meeting, Ennis Friary, Abbey St, Ennis, Co. Clare
Tue 20:00	NA Meeting, Lahinch Rd, Ennistymon, Clare
Wed 20:30	NA Meeting, Rineanna View, Shannon, Co. Clare
Thu 20:30	NA Meeting, Ennis Friary, Abbey St, Ennis, Co. Clare
Fri 20:30	NA Meeting, Bushypark, Ennis, Co. Clare
Sat 13:00	NA Meeting, Lahinch Rd, Ennistymon, Clare
Sat 20:30	NA Meeting, Ennis Friary, Abbey St, Ennis, Co. Clare

Cork	
Sun 10:00	Russian Speaking Meeting, Washington Street <b>(RU)</b>
Sun 12:00	NA Meeting, 109 Knockfree Avenue, Churchfield, Cork
Sun 14:00	Strength and Hope, Erinville Hospital, Western Road
Sun 20:00	NA Meeting, Sawmill Street, Cork <b>(To)</b>
Mon 18:30	Women's Meeting, 14 George's Quay, Cork <b>(CBH, W)</b>
Mon 19:00	Men's Meeting, Sawmill Street, Cork <b>(M, NM)</b>
Mon 20:00	Living Clean by the Sea, Church of Ireland Hall, Schull <b>(BK, ME, NM)</b>
Mon 20:15	Hillside Solas, 4 Hillside, Donovan Road, Cork <b>(St)</b>
Tue 18:15	NA Meeting, Easons Hill, Shandon, Cork
Tue 20:00	Trinity, Holy Trinity Church, Fr. Mathew Quay, Cork <b>(To)</b>
Wed 13:00	We Do Recover, Sawmill Street, Cork
Wed 18:30	NA Meeting, 109 Knockfree Avenue, Churchfield, Cork
Wed 20:00	Strength and Hope, Erinville Hospital, Western Road <b>(CL)</b>
Thu 19:00	More Will Be Revealed, Family Resource Centre, Village Shopping Centre, Ballincollig <b>(NM)</b>
Thu 20:00	La Verna, Grattan Street, Cork
Thu 20:00	NA Meeting, 42 McCurtain Street, Fermoy, Co. Cork
Fri 12:00	Community Center, Easons Hill, Shandon, Cork
Fri 18:00	Carrigaline Group, Upstairs, Church Road, Carrigaline, Co. Cork
Fri 20:00	We Do Recover, Sawmill Street, Cork
Fri 20:00	NA Meeting, Townsend Street, Skibbereen, Co. Cork
Sat 15:00	NA Meeting, Sawmill Street, Cork
Sat 20:00	Hillside Solas, 4 Hillside, Donovan Road, Cork

Kerry	
Sun 20:00	NA Meeting, Treatment Centre, Scartaglin Road, Castleisland, Co. Kerry
Mon 20:00	NA Meeting, Tralee Community Development Project Centre, Upper Rock Street, Tralee, Kerry <b>(St)</b>
Tue 19:30	NA Meeting, Contact Tor 0872220853 or Bert 0831246634 dinglemeeting@gmail.com, Goat Street, Dingle, Co. Kerry
Tue 20:00	NA Meeting, Stokers Grove, John B. Keane Road, Listowel, Co. Kerry
Tue 20:00	NA Meeting, Rock Rd, Killarney, Co. Kerry <b>(St)</b>
Wed 13:30	NA Meeting, St. Brendans Church, Rock Street, Tralee
Thu 20:00	NA Meeting, Tralee Community Development Project Centre, Upper Rock Street, Tralee, Co. Kerry
Fri 20:30	NA Meeting, Contact Tor 0872220853 or Bert 0831246634 dinglemeeting@gmail.com, Goat Street, Dingle, Co. Kerry
Sat 20:00	NA Meeting, Rock Rd, Killarney, Co. Kerry <b>(St)</b>
Sat 20:00	NA Meeting, Tralee Community Development Project Centre, Upper Rock Street, Tralee, Co. Kerry

Limerick	
Sun 18:30	NA Meeting, beside St Johns, Cathedral Place, Limerick
Mon 11:00	NA Meeting, beside St Johns, Cathedral Place, Limerick
Mon 20:00	NA Meeting, Parish Office, Condran Street, Abbeyfeale
Mon 20:30	NA Meeting, 1 Little Henry Street, Limerick, Ireland <b>(CBH)</b>
Tue 11:00	NA Meeting, beside St Johns, Cathedral Place, Limerick
Wed 20:30	NA Meeting, 1 Little Henry Street, Limerick <b>(St, Tr)</b>
Thu 11:00	NA Meeting, beside St Johns, Cathedral Place, Limerick
Fri 20:30	NA Meeting, 1 Little Henry Street, Limerick <b>(CBH, To)</b>
Sat 12:30	Meditation Meeting, beside St Johns, Cathedral Place, Limerick <b>(ME)</b>
Sat 13:00	NA Meeting, beside St Johns, Cathedral Place, Limerick

Tipperary	
Sun 20:30	NA Meeting, Opposite Church, 51 Marys Hall, Upper Irishtown, Clonmel, Co. Tipperary

Tipperary (cont)	
Mon 20:00	NA Meeting, Friar St, Nenagh, Co. Tipperary
Tue 20:30	NA Meeting, Opposite Church, 51 Marys Hall, Upper Irishtown, Clonmel, Co. Tipperary
Wed 20:30	NA Meeting, Townspark, Cahir, Co. Tipperary
Thu 20:30	NA Meeting, Friar St, Nenagh, Co. Tipperary
Fri 20:30	NA Meeting, Opposite Church, 51 Marys Hall, Upper Irishtown, Clonmel, Co. Tipperary
Sat 17:00	NA Meeting, Abbey Street, Roscrea, Co. Tipperary

Waterford	
Sun 20:00	NA Meeting, Parnell St., Waterford
Mon 18:00	NA Meeting, Parnell St., Waterford
Tue 20:00	NA Meeting, Parnell St., Waterford
Wed 20:00	NA Meeting, 3rd Floor, Manor Street, Waterford
Thu 19:00	NA Meeting, Barrack St, Waterford <b>(JT, St)</b>
Fri 20:00	NA Meeting, Parnell St., Waterford
Sat 13:00	NA Meeting, Parnell St., Waterford

Key Guide to Meetings			
BK	Book Study	CBH	Closed Bank Holidays
CL	Candlelight	JT	Just for Today
M	Men	ME	Meditation
NM	New Meeting	RU	Russian Speaking Meeting
St	Step	To	Topic
Tr	Tradition	W	Women

*Please notify meeting changes to  
webmaster@nasouth.ie or 087 1386120*

## What is the NA Program?

NA is a non-profit fellowship or society of men and women for whom drugs had become a major problem. We are recovering addicts who meet regularly to help each other stay clean. This is a program of complete abstinence from all drugs. There is only one requirement for membership, the desire to stop using. We suggest that you keep an open mind and give yourself a break. Our program is a set of principles written so simply that we can follow them in our daily lives. The most important thing about them is that they work.

There are no strings attached to NA. We are not affiliated with any other organisations, we have no initiation fees or dues, no pledges to sign, no promises to make to anyone. We are not connected with any political, religious, or law enforcement groups, and are under no surveillance at any time. Anyone may join us, regardless of age, race, sexual identity, creed, religion or lack of religion. We are not interested in what or how much you used or who your connections were, what you have done in the past, how much or how little you have, but only in what you want to do about your problem and how we can help.

The newcomer is the most important person at any meeting, because we can only keep what we have by giving it away. We have learned from our group experience that those who keep coming to our meetings regularly stay clean.

## Contact Numbers:

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

Name: \_\_\_\_\_

No: \_\_\_\_\_

## LIVE CLEAN

PHONELINE 087 1386120

Nightly 6 p.m. to 9 p.m.

## SUGGESTIONS

Pick up the phone FIRST.

Don't use - Go to meetings.

Find and use a sponsor.

Avoid the people, places and things you used, stick with the winners.

Read a piece of N.A. literature every day.

Make a meeting a day for the first 90 days.

Come to a meeting early and help set up.

# NARCOTICS ANONYMOUS MEETING LIST

## SOUTHERN AREA OF IRELAND

JULY 2017

<http://www.nasouth.ie>

<http://www.na-ireland.org>

<http://www.na.org>



**MY GRATITUDE SPEAKS  
WHEN I CARE AND WHEN I  
SHARE WITH OTHERS THE  
NA WAY**